

# COUNSELING-GRADUATE (COUN)

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## **COUN 579. Practicum Elementary School. (2 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the student should register for and begin work in COUN Portfolio – elementary while enrolled in this class.

## **COUN 590. Practicum Middle School. (2 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the student should register for and begin work in COUN Portfolio – middle school while enrolled in this class.

## **COUN 591. Practicum High School. (2 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the student should register for and begin work in COUN Portfolio – high school while enrolled in this class.

## **COUN 630. Portfolio Elementary School. (0 Credits)**

This is a step in the required assessment process in which the student submits artifacts from their elementary school practicum experience demonstrating their knowledge and application of the DPI standards.

## **COUN 631. Portfolio Middle School. (0 Credits)**

This is a step in the required assessment process in which the student submits artifacts from their middle school practicum experience demonstrating their knowledge and application of the DPI standards.

## **COUN 632. Portfolio High School. (0 Credits)**

This is a step in the required assessment process in which the student submits artifacts from their high school practicum experience demonstrating their knowledge and application of the DPI standards.

## **COUN 5000. Counseling Theories and Issues. (3 Credits)**

This course provides both the historical and current perspectives of various theories of counseling, as well as introducing the student to the profession of counseling. This course also introduces the student to specific requirements of the graduate program. The portfolio requirement for school counselors, APA writing style, as well as legal and ethical guidelines for counseling are discussed.

## **COUN 5010. Professional Ethics. (3 Credits)**

This course deals with philosophical issues affecting practice. Special attention is given to ethics and the nature of humankind. Professional ethical behavior and adherence to ethical standards is a foundational cornerstone to the profession of counseling. Issues such as confidentiality, malpractice, the law, and the counselor as witness will be discussed. Both the American Counseling Association (ACA) and the American School Counseling Association (ASCA) codes of ethics will be the primary foci of the course.

## **COUN 5015. Ethics of the Christian Counselor. (3 Credits)**

This course adheres to the American Association of Christian Counselors code of ethics. The church worker student learns the limits of their role and expertise, as well as when to seek additional help. Issues such as liability, conflicts of interest and confidentiality are discussed. This course is taught by an ordained or commissioned minister of religion who is a licensed mental health counselor.

## **COUN 5020. Human Development. (3 Credits)**

This course offers students an opportunity to explore issues in the stages of human development over the life span. Various issues related to human development in the biological, cognitive, psychosocial, and spiritual spheres will be discussed. Further, students will also become more familiar with the major psychological theories pertaining to human development.

## **COUN 5030. Models and Methods of Family Counseling. (3 Credits)**

This course will offer the student opportunities to explore various schools of thought and treatment techniques related to the practice of family counseling. The role of the professional in diverse settings and with traditional and nontraditional families will be discussed. Research on the effectiveness of working with families as well as the assessment of family dynamics will be explored.

## **COUN 5035. Models and Methods of Christian Family Counseling. (3 Credits)**

This course will offer the student opportunities to explore various aspects of family development and family dynamics. The role of the church worker with traditional and nontraditional families will be discussed, as well as current research in the church regarding the dynamics of a family. This class will be taught by an ordained or commissioned minister of religion who is a licensed mental health counselor.

## **COUN 5040. Social Cultural Foundations in Counseling. (3 Credits)**

Social/Cultural Foundations in Counseling is an exploration of various cultures and their impact on human behavior. The focus of the course is on the powerful impact that cultural background may have on the mental health field, and on how biases may affect therapeutic relationships. Current issues and therapeutic techniques are addressed keeping in mind our multicultural society.

## **COUN 5045. Social/Cultural Theological Foundations. (3 Credits)**

Social/Cultural Theological Foundations an exploration of diversity issues that impact the church and the world beyond. How the Christian church-worker supports those of different backgrounds and ministers to those individuals while increasing their own understanding of various cultures and beliefs. This class will be taught by an ordained or commissioned minister of religion who is a licensed mental health counselor.

## **COUN 5100. Consultation Strategies. (3 Credits)**

This course is designed to provide an overview of the consultation process and insight into the various roles that consultants may play. Theoretical approaches and principles of consultation, planned change, and organizational development will be discussed as well as counselors as consultants within the organization and within the community.

## **COUN 5105. Consultation Strategies within the Church. (3 Credits)**

This course is designed to give the church worker skills and insight into the various roles a consultant may play, as well as how to improve consultation within the community and organization. This class will be taught by an ordained or commissioned minister of religion who is a licensed mental health counselor.

**COUN 5110. Tests and Measurements. (3 Credits)**

This course provides the graduate student with an understanding of test analysis and design. Special emphasis is placed on evaluating the validity and reliability of commercially available and self-created test instruments.

**COUN 5120. Career Counseling Foundations. (3 Credits)**

This course refers to the life-long process of developing knowledge about the world of work. Skills and aptitudes, interests, personality characteristics, beliefs and values are all important aspects of career counseling. This course introduces a variety of theories and practices in career development and career counseling using career assessments and information sources.

**COUN 5130. Trauma Counseling. (3 Credits)**

This course affords the student the opportunity to learn how to work with victims and survivors of trauma. The student will discuss skills for dealing with trauma survivors and families, and trauma victims. Students will also discuss suicide risk assessment and intervention. Additional topics will include: compassion fatigue, post-traumatic stress disorder, trauma in families, trauma in children, and risk assessment.

**COUN 5200. Individual Counseling. (3 Credits)**

Individual Counseling provides the graduate student with hands-on experience in individual counseling techniques as well as the opportunity to gain objective insight into the dynamics of one-to-one counseling and the role of the counselor. The course requirements include practice of counseling techniques, small-group activities, and audio or video-taped counseling sessions designed to promote self-awareness, skill development, and development of intentional competencies. Note: This course is required to be taken face to face.

Prerequisites: (COUN 543 or 5000) and (COUN 592 or 5010) and (COUN 584 or 5020) and (COUN 552 or 5040) and (COUN 582 or 5130).

**COUN 5210. Group Counseling. (3 Credits)**

Group Counseling discusses the purpose, types, functions and principles of group counseling. The course encourages students to develop an understanding of the ability to engage in and evaluate small group processes and relationships. Group counseling techniques, group development, and group stages are also addressed. Note: This course is required to be taken face to face.

Prerequisites: (COUN 543 or 5000) and (COUN 592 or 5010) and (COUN 584 or 5020) and (COUN 552 or 5040) and (COUN 582 or 5130) and (COUN 593 or 5200).

**COUN 5300. Design, Implementation, and Evaluation of Counseling Programs. (3 Credits)**

This course explores the planning, establishing, administering and evaluating of counseling / consultation programs that are supported in the literature as Evidence Based Practices. The student will utilize knowledge of basic statistics and data collection to design a program within her / his own special area of interest. The students will utilize data they have gathered to establish the steps to implement the program within their school or community. Further, the students will use data driven information to evaluate the efficacy of the program they have designed and implemented.

**COUN 6000. Christian Care Giving. (3 Credits)**

This course offers counseling professionals already working in the church, or contemplating working in a faith-based organization the opportunity to understand and apply Christian theology in their professional practice and in service to others. This course will incorporate lay ministry principles that will support the development of Christian counseling skills.

**COUN 6010. Scripture and the Christian Counselor. (3 Credits)**

This course will use an LCMS scriptural world view in the integration of faith-based principles into a holistic counseling approach.

**COUN 6020. Christian Reconciliation. (3 Credits)**

This course is an introduction to Christian Reconciliation. Students will gain a basic knowledge about what causes conflict and various responses to conflicted situations. A theological framework for Christian Reconciliation will be presented that will introduce students to the concept of sin and forgiveness. Students will explore their own responses to personal conflict while learning skills to assist others who are struggling with conflicted interpersonal situations.

**COUN 6030. Current Support Issues for Christian Pastors and Church Workers. (3 Credits)**

This course will look at a range of topics such as physical and sexual abuse, pornography, various addictions, Christian reconciliation, and other topics that churches and Christian agencies experience in their service to members and non-members.

**COUN 6040. Psychopharmacology. (3 Credits)**

This course provides a thorough overview of alcohol and other drugs, the rationale for their use and abuse in schools and the community. Emphasis will be placed on the major categories of medications, drugs and alcohol with case overviews outlining the process of making the best possible referral and counseling practices. This course is required of all counseling students who wish to pursue the Clinical Substance Abuse Counselor certificate through the state of Wisconsin.

**COUN 6050. Theories of Personality. (3 Credits)**

This course focuses on six general approaches to explaining personality. These approaches are the psychoanalytic approach, the trait approach, the biologic approach, the humanistic approach, the behavioral/social approach, and the cognitive approach. Emphasis will be placed on ways the student will use these theories to be helping professionals in their field of study. Students will also be asked to write a paper incorporating their own beliefs in this study of personality.

**COUN 6200. Psychopathology. (3 Credits)**

This course views how human and scientific aspects of normal / abnormal psychology converge in the world of clinical treatment. Students will gain an understanding of conceptual framework and alternative modes of treatment.

**COUN 6210. Foundations of Clinical Mental Health Counseling. (3 Credits)**

This course reviews the history of mental health counseling, as well as reviewing various models, theories and principles of mental health counseling in a clinical setting. Various options for treatment, as well as various responsibilities which are a part of clinical mental health counseling are addressed. Further, the following aspects of clinical work are addressed: advocacy, consultation, collaboration and ethics.

**COUN 6220. Addictions Counseling. (3 Credits)**

In addition to Alcohol and Drug concerns, this course will also address behavioral addictions such as: gambling, shopping, gaming, sex and hoarding. The course will address treatment and relapse plans and goals, as well as the impact of addiction on family, friends and support systems. Developmental issues, as well as comorbidity, are addressed in the addiction process as therapeutic models are discussed.

**COUN 6230. Advanced Theory and Skills in Professional Counseling. (3 Credits)**

This course addresses specific issues related to working with clients, including those who may have substance abuse concerns. Coursework addresses the diagnostic process, including differential diagnosis and the use of diagnostic classification systems (DSM ICD); training on administration of the intake interview, mental status evaluation, biopsychosocial history; mental health history, and psychological assessment for treatment planning and caseload management; and techniques and interventions related to a broad range of mental health issues.' (Wisconsin Legislature: Chapter MPSW 14.01(2) (f) 1). Students must have completed 33 credit hours in the counseling program, including the prerequisite coursework, prior to this course.  
Prerequisites: (COUN 593 or 5200) and (COUN 594 or 5210).

**COUN 6400. Portfolio - Introduction. (0 Credits)**

Graduate programs in education at Concordia University Wisconsin utilize a portfolio-based assessment process. Students earning a Master's in Education-School Counseling must complete a professional portfolio to fulfill graduation requirements. The portfolio is part of the licensing process required by the Wisconsin Department of Public Instruction. In addition, the student should be registered for COUN 5000 Theories and Issues.

Prerequisite: COUN 5000\*.

\* May be taken concurrently.

**COUN 6410. Portfolio - Pre-Practicum. (0 Credits)**

Graduate programs in education at Concordia University Wisconsin utilize a portfolio-based assessment process. Students earning a Master's in Education-School Counseling must complete a professional portfolio to fulfill graduation requirements. The portfolio is part of the licensing process required by the Wisconsin Department of Public Instruction.

**COUN 6420. Management for Counselors. (3 Credits)**

This course focuses on characteristics that make a counselor effective within a school setting. This course emphasizes instructional design, content objectives, lesson and unit plan instruction and implementation, instructional strategy, classroom management techniques, learning styles, and school policies, laws, and trends. This course is designed specifically for school counselors without two years of licensed teaching experience.

**COUN 7200. Practicum for Professional Counselors. (3 Credits)**

This is a field-based experience designed to introduce the student to the area of professional counseling. Orientation to the profession is reviewed. Ongoing goals include the development of professional levels of competency and successful integration into the day-to-day operation and expectations of the clinical setting. The student completes 100 hours of clinical work under the supervision of an approved site supervisor and approved supervisor from Concordia. A minimum of 40 hours of face to face client contact is documented, as well as engaging in and documenting supervision. Supervision must consist of: 1) a minimum of 1 hour per week of individual or triadic supervision per week by a CU supervisor, approved student supervisor, or site supervisor; and 2) an average of 1.5 hours weekly of group supervision through the site supervisor, approved student supervisor or CU supervisor.

**COUN 7210. Internship I - Professional Counselor. (3 Credits)**

This is a 300 hour field-based internship experience designed to introduce student practitioners to the form and content of their discipline. The experience continues to be supervised by an approved site supervisor and approved supervisor from Concordia who both hold an appropriate current license issued by WI DSPS, or the equivalent of the license in the state of the experience. A minimum of 120 hours of face to face client contact is expected, as well as one hour per week of individual or triadic supervision by the onsite and/or university supervisor. Further, the student will participate and document an average of 1.5 hours weekly of group supervision provided by the site supervisor, an approved student supervisor or a CU supervisor. Exposure to the day-to-day realities of clinical practice, i.e., case file maintenance, record keeping, staff sessions, consultations with colleagues and other health-care providers, are expected to aid in shaping professional expectations and behaviors while preparing students for the transition from graduate school to professional practice. Students are to develop, demonstrate, and be evaluated on professional levels of competency in the various areas of clinical practice recommended and described by the American Counseling Association and the National Board of Certified Counselors.  
Prerequisites: (COUN 606 or 7200).

**COUN 7220. Internship II - Professional Counselor. (3 Credits)**

This is a 300 hour field-based internship experience designed to further develop the skills of the student practitioners. This is a continuation of the work started in Practicum in the development of professional levels of competency of clinical practice recommended and described by the American Counseling Association and the National Board of Certified Counselors. The experience continues to be supervised by an appropriately credentialed mental health professional holding a current license in Wisconsin, or the state in which the student is engaged in their internship hours. A minimum of 120 hours of face to face client contact is expected, as well as one hour per week of individual or triadic supervision by the onsite and/or university supervisor. Further, the student will participate in and document an average of 1.5 hours weekly of group supervision provided by the onsite supervisor, an approved student supervisor or a CU supervisor.  
Prerequisites: (COUN 607 or 7210).

**COUN 7400. Elementary School Practicum/Portfolio. (3 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the Elementary School Portfolio is a step in the required assessment process in which the student submits artifacts from their elementary school practicum experience demonstrating their knowledge and application of the DPI standards.

**COUN 7410. Middle School Practicum/Portfolio. (3 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the Middle School Portfolio is a step in the required assessment process in which the student submits artifacts from their middle school practicum experience demonstrating their knowledge and application of the DPI standards.

**COUN 7420. High School Practicum/Portfolio. (3 Credits)**

This is a 200 hour experience designed to introduce students to the form and content of their discipline. The student has exposure to the day-to-day realities of school counseling practice, i.e., social/emotional, academic, and career domains. Students are to develop and demonstrate professional levels of competency as determined by the Wisconsin Department of Instruction. In addition, the High School Portfolio is a step in the required assessment process in which the student submits artifacts from their high school practicum experience demonstrating their knowledge and application of the DPI standards.