

# PHYSICAL EDUCATION MINOR (A)

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The recognition of the importance of physical activity in the lives of all people underlies this curriculum. Every student is encouraged to receive instruction and practice in a variety of lifetime sports and recreational activities. This curriculum is designed with an emphasis in the appreciation and study of human movement, with the goal to educate students for careers in teaching and coaching, athletics administration, recreation, and allied health and wellness programs.

State Endorsement Code: MB

MTTC Test Code: 044

## Curriculum

Code	Title	Hours
<b>Physical Education Minor-Secondary Education</b>		
<i>Required Courses</i>		
BIO 191	Human Anatomy and Physiology I	4
HHP 356	Teaching Core Activity IV	3
HHP 371	Exercise Physiology	3
HHP 373	Motor Development	3
HHP 375	Biomechanics	3
HHP 412	Adapted Physical Education	3
HHP 450	Curriculum and Methods - Health	3
<b>Total Hours</b>		<b>22</b>