HEALTH AND HUMAN PERFORMANCE (M)

The Department of Health and Human Performance offers a variety of learning opportunities for students interested in the application of science to human movement. Specific programs offered include an undergraduate program in Exercise Physiology and graduate programs in Athletic Training Education and Applied Exercise Science. If you are interested in healthcare for the physically active, you may want to examine the Athletic Training Education program. If you are interested in the application of science to improve sports performance or treat chronic disease, you will want to look at the Exercise Physiology program (undergraduate) or the Applied Exercise Science program (graduate). Students interested in coaching sports at a variety of levels can complement their education with a minor in Athletic Coaching. Graduates from these programs find employment in a variety of settings including: Health and fitness organizations, corporate fitness facilities, sports medicine clinics, cardiac/pulmonary rehabilitation facilities, and sport coaching organizations, to name just a few. All of our programs offer both classroom and experiential learning opportunities on campus and in the community. Many of our undergraduate students gain acceptance into and continue their education at the graduate level in a variety of kinesiology and/or healthcare programs.

Majors

- Health and Human Performance (M) (p. 1)

Minors