

ATHLETIC COACHING MINOR (M)

The Athletic Coaching minor prepares students to coach sports in a variety of settings, including schools and community leagues, by meeting the standards developed by the National Association for Sport and Physical Education (NASPE). This minor can be paired with many different majors throughout the university, but cannot be paired with the major in Exercise Physiology.

Curriculum

Code	Title	Hours
BIO 191 or BIO 146	Human Anatomy and Physiology I Essentials of Anatomy and Physiology	4
HHP 209 or HHP 130	First Aid and CPR Advanced Weight Training	2
Take 9 credits from the following list of courses:		9
HHP 280	Psychology of Sport	
HHP 371	Exercise Physiology	
HHP 373	Motor Development	
HHP 375	Biomechanics	
HHP 490	Coaching Practicum	
MSAT 272	Intro-Athletic Training	
Coaching Theory Electives		
Select two of the following:		4
HHP 282	Theory and Techniques of Coaching Basketball	
HHP 284	Theory and Techniques of Coaching Football	
Other Theory/Tech Coaching classes can be taken as IS but are not regularly offered		
Total Hours		19