

# SOCIAL WORK/PSYCHOLOGY DOUBLE MAJOR (M)

The Social Work & Psychology double major applies the two disciplines to foster intellectual development and problem solving, and encourages students to serve others within the context of Christian faith. The social work and psychology programs are committed to cultivating multicultural awareness and appreciation for the magnificence of God viewed through human diversity. The program prepares students to pursue graduate study and work in the field of helping professions with a keen understanding of interdisciplinary treatment team approaches.

## Social Work Program Core Competencies

- Competency 1: Demonstrate Ethical & Professional Behavior.
- Competency 2: Advance Human Rights and Social, Racial, Economic & Environmental Justice.
- Competency 3: Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice.
- Competency 4: Engage in Practice-informed Research and Research-informed Practice.
- Competency 5: Engage in Policy Practice.
- Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities.
- Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities.
- Competency 8: Intervene with Individuals, Families, Groups, Organizations and Communities.
- Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities.

## Social Work Program Goals

The goals of the CUW/CUAA Social Work Program are to:

1. Prepare students for professional generalist practice.
2. Prepare students who have developed the behaviors associated with the nine (9) competencies established by CSWE.
3. Encourage students to draw on the foundations of Christianity in faith, service, and social justice, and to provide leadership in the provision of service and solidarity for all persons, especially marginalized or oppressed groups.
4. Develop students with strong practice skills built on the knowledge base of the profession.
5. Support students in their understanding of and ability to apply the NASW Code of Ethics when practicing, and in their understanding of the relationship between the code of ethics and Christianity.
6. Prepare students who can apply research and/or evidence-based practice in practice settings, and in evaluating the effectiveness of practice and programs.

## Psychology Outcomes

Goal 1: Knowledge Base in Psychology

- Describe key concepts, principles, and overarching themes in psychology
- Develop a working knowledge of psychology's content domains
- Describe applications of psychology

Goal 2: Scientific Inquiry and Critical Thinking

- Use scientific reasoning to interpret psychological phenomena
- Demonstrate psychology information literacy
- Engage in innovative and integrative thinking and problem solving
- Interpret, design, and conduct basic psychological research
- Incorporate sociocultural factors in scientific inquiry

Goal 3: Ethical and Social Responsibility in a Diverse World

- Apply ethical standards to evaluate psychological science and practice
- Build and enhance interpersonal relationships
- Adopt values that build community at local, national, and global levels

Goal 4: Communication

- Demonstrate effective writing for different purposes
- Exhibit effective presentation skills for different purposes
- Interact effectively with others

Goal 5: Professional Development

- Apply psychological content and skills to career goals
- Exhibit self-efficacy and self-regulation
- Refine project-management skills
- Enhance teamwork capacity
- Develop meaningful professional direction for life after graduation

## Curriculum

Code	Title	Hours
<b>Core Requirements (<a href="https://catalog.cuw.edu/undergraduate/university/acad-prog/trad/core/">https://catalog.cuw.edu/undergraduate/university/acad-prog/trad/core/</a>)<sup>1</sup></b>		<b>45</b>
<b>Major Requirements (45 Social Work, 34 Psychology)</b>		<b>79</b>
<b>Electives</b>		
Minor: Optional		
<b>Total Hours</b>		<b>124</b>

<sup>1</sup> For transfer students, please see the Advanced Transfer Core (<https://catalog.cuw.edu/undergraduate/university/acad-prog/trad/transfer-core/>).

Code	Title	Hours
<i>Social Work Requirements</i>		
SW 1110	Social Work & Social Welfare	3
SW 1200	Introduction to Child Welfare	3
SW 3100	Research Methods I	3
SW 3110	Human Behavior in the Social Environment I	3
SW 3120	Skills & Methods of Social Work Practice I	3
SW 3200	Research Methods II	3
SW 3210	Human Behavior in the Social Environment II	3
SW 3220	Skills & Methods of Social Work Practice II	3
SW 3230	Social Welfare Policy and Programs	3
SW 4100	Field Education I	3
SW 4110	Field Seminar I	3
SW 4120	Skills & Methods of Social Work Practice III	3

SW 4200	Field Education II	3
SW 4210	Field Seminar II	3
SW 4230	Senior Integrative Seminar	3
<b>Total Hours</b>		<b>45</b>

Code	Title	Hours
<i>Psychology Requirements</i>		
PSY 1010	General Psychology	3
PSY 2050	Theories of Learning	3
PSY 2300	Life Span Development (Also Acceptable PSY 2210 or 2220)	3
PSY 3150	Social Psychology	3
PSY 3100	Theories of Personality	3
PSY 3500	Experimental Psychology	3
PSY 4250	Abnormal Psychology	3
PSY 4850	Research Proposal	1
PSY 4900	Psychology Senior Seminar	3
Electives (Upper Level Psychology Courses)		6
COMM 2100	Interpersonal Communication	3
<b>Total Hours</b>		<b>34</b>

- If prerequisites are met, students may take PSY 3100 Theories of Personality, PSY 3150 Social Psychology and/or SW 3230 during their sophomore year. Students must be on track to complete the core by the end of their sophomore year.
- SW 4100 Field Education I & SW 4110 Field Seminar I replace PSY 4500 Psychology Practicum
- Two PSY 3000/4000 level electives are needed

## Plan

Course	Title	Hours
<b>Semester 1</b>		
SW 1200	Introduction to Child Welfare	3
ENG 1040	Introduction to Writing	3
PSY 1010	General Psychology	3
CCE 1010	Christian Citizen	3
NATURAL WORLD - SCIENCE		4
<b>Hours</b>		<b>16</b>
<b>Semester 2</b>		
PSY 2210	Child Development	3
or PSY 2220	or Adolescent Development	
or PSY 2300	or Life Span Development	
COMM 1100	Public Speaking	3
REL 1100	Christian Faith	3
CCE 1020	Western Culture & Worldview	3
SW 1110	Social Work & Social Welfare	3
HHP 1100	Stewardship of the Body	1
<b>Hours</b>		<b>16</b>
<b>Semester 3</b>		
SOCIETY & CULTURE		3
COMM 2100	Interpersonal Communication	3
PSY 2050	Theories of Learning	3
REL 1000	The Bible	3
CCE 1040	Science & Humanity	3
<b>Hours</b>		<b>15</b>
<b>Semester 4</b>		
MATH 2050	Statistics I	3
PSY ELECTIVE		3

CCE 1030	Western Thought & Worldview	3
FAITH & LIFE		3
HUMAN CREATIVITY & EXPRESSION		3
HHP ACTIVITY		1

**Hours** **16**

<b>Semester 5</b>		
SW 3100	Research Methods I	3
SW 3110	Human Behavior in the Social Environment I	3
SW 3120	Skills & Methods of Social Work Practice I	3
SW 3100	Research Methods I	3
PSY 3150	Social Psychology	3

**Hours** **15**

<b>Semester 6</b>		
SW 3200	Research Methods II	3
SW 3210	Human Behavior in the Social Environment II	3
SW 3220	Skills & Methods of Social Work Practice II	3
SW 3230	Social Welfare Policy and Programs	3
PSY 3500	Experimental Psychology	3
PSY 4250	Abnormal Psychology	3

**Hours** **18**

<b>Semester 7</b>		
SW 4100	Field Education I	3
SW 4110	Field Seminar I	3
SW 4120	Skills & Methods of Social Work Practice III	3
PSY 4850	Research Proposal	1
PSY ELECTIVE		3

**Hours** **13**

<b>Semester 8</b>		
SW 4200	Field Education II	3
SW 4210	Field Seminar II	3
SW 4230	Senior Integrative Seminar	3
PSY 4900	Psychology Senior Seminar	3
PSY ELECTIVE		3

**Hours** **15**

**Total Hours** **124**

Please see your advisor for more information.