

# ATHLETIC COACHING MINOR (M)

The Athletic Coaching minor prepares students to coach sports in a variety of settings, including schools and community leagues, by meeting the standards developed by the National Association for Sport and Physical Education (NASPE). This minor can be paired with many different majors throughout the university, but cannot be paired with the major in Exercise Physiology.

## Curriculum

Code	Title	Hours
<b>Required Courses</b>		
BIO 1801 or BIO 1300	Human Anatomy and Physiology I Essentials of Anatomy and Physiology	4
HHP 2209 or HHP 1530	First Aid and CPR Advanced Weight Training	2
<i>Take 9 credits from the following:</i>		9
EXS 2280	Psychology of Sport	
HHP 3371	Exercise Physiology	
EXS 3373	Motor Development	
EXS 3375	Biomechanics	
HHP 4490	Coaching Practicum	
AT 2572	Introduction to Athletic Training	
<i>Coaching Theory Electives (select two from the following)</i>		4
HHP 2582	Theory and Techniques of Coaching Basketball	
HHP 2584	Theory and Techniques of Coaching Football	
Other Theory/Tech Coaching classes can be taken but are not regularly offered		
<b>Total Hours</b>		<b>19</b>